Identifying Autism Spectrum Disorders
www.leanonus.org

Characteristics of People on the Autism Spectrum
~ Top Ten List ~

1. Sensitivity to touch
2. Sensitivity to sound and light
3. Repetitive behavior
4. May not be able to speak/appear deaf
5. No sense of danger
6. Have fight or flight response
7. May not follow verbal commands
8. Need time to process information
9. May not know their rights
10. Appear nervous

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Appropriate Interaction Techniques

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Tips to Assist Individuals with ASD

~ Top Ten List ~

1. Remain calm and model behavior
2. Use simple commands
3. Extend response time
4. Maintain space
5. Explain actions prior to doing so
6. Use low voice tone
7. Do not stop self-stimulating behavior
8. Presume competence
9. Check clothes/ID for emergency contacts
10. Be reassuring and advise of situation

Keep in mind each person's needs may be different

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